

walk with a Doc



Featuring Dr. Suzanne
Bartlett Hackenmiller

JOIN THE MOVEMENT.

Take a step toward a healthier you!

Walk with a Doc is a national movement devoted to encouraging healthy physical activity, with the goals of reversing the consequences of a sedentary lifestyle and improving the health of our community.

Tuesday, Feb. 25, 2019

5:00 - 6:00 pm

Brewer Creek Trail

Check-In begins at 4:45 p.m.

Brewer Creek Parking Lot

No Pre-registration required.

If weather presents potentially dangerous conditions, a cancellation notice will be posted to Van Diest Medical Center's Facebook page.

Questions? Contact Lori Foster at 515.832.7877.