

	MONDAY February 11	TUESDAY February 12	WEDNESDAY February 13	THURSDAY February 14	FRIDAY February 15	SATURDAY February 16	SUNDAY February 17
BREAKFAST	Scrambled Eggs 1.25 Bacon 1.25 Hash Browns 1.25 Toast .50 each Strawberries and cream bread pudding 1.25 Oatmeal & Yogurt Bar	Breakfast Sandwich 2.25 Long John .85 Oatmeal & Yogurt Bar	Omelet to Order 2.75 Cinnamon Roll 1.50 Yogurt Bar	Biscuits and Gravy 2.50 Muffin .85 Oatmeal & Yogurt Bar	Breakfast Enchiladas 2.50 Danish 1.50	Cook's Choice	Cook's Choice
LUNCH	Fajitas 3.00 Roasted Carrots 1.25 Herb Crusted Pollock 3.00 Baked potato 1.25 Mr. Rib 2.30 Curly Fries 1.25 Cream of Broccoli Soup 2.00	Beef & Noodles 3.00 Lemon Pepper Chicken 3.00 Asparagus 1.00 Mashed Potato 1.25 Maid Rite 2.30 French Fries 1.25 Chicken Noodle Soup 2.25	Chicken Parmesan 3.00 Noodles 1.25 Cod Almondine 3.00 Parmesan Garlic Roasted Potato wedges 1.25 Green beans 1.00 Pub Burger 3.50	Meat Loaf 3.00 Seasoned chicken Creamed Potatoes 1.25 Peas 1.00 Philly cheesesteak 3.50 Waffle Fries 1.25	Chicken Lo Mein 3.00 Fried Rice 1.50 Egg rolls 1.50 Tilapia 3.00 Peas and Carrots 1.00 Sweet Potato Fries 1.25 Fish Sandwich 2.50 Cream of Asparagus Soup 2.00 *Menu items listed in green are the Healthy Choice item for the day!	Swiss Steak 3.00 Country Blend Vegetables 1.00 Mashed potatoes & Gravy 1.25 Salad Bar	Shredded Beef Tacos 3.00 Corn 1.00 Mexi-Tots 1.25 Salad Bar

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BREAKFAST

LUNCH

MONDAY February 4	TUESDAY February 5	WEDNESDAY February 6	THURSDAY February 7	FRIDAY February 8	SATURDAY February 9	SUNDAY February 10
French Toast Link Sausage 1.25 Banana bread 1.25 Oatmeal & Yogurt Bar	Breakfast Pizza 2.25 Coffee Cake 1.50 Yogurt Bar	Omelet to Order 2.75 Muffin .85 Yogurt Bar	Breakfast Bowl 2.50 Cinnamon roll 1.50 Oatmeal & Yogurt Bar	Scrambled Eggs 1.25 Bacon 1.25 Breakfast Cube Potatoes 1.25 Toast .50 Chocolate Donut .85	Cook's Choice	Cook's Choice
Tacos 3.00 Mexi tots 1.25 Refried beans 1.00 Tilapia 3.00 Roasted Red Potatoes 1.25 Green Beans 1.00 BBQ Beef Sandwich 2.50 Captain Sammys Soup 2.25	Swiss Steak 3.00 Seasoned Chicken 3.00 Mashed Potato 1.25 Corn 1.00 Ham and Cheese Panini 3.50 Onion rings 1.50 Italian Sausage Tortellini soup 2.25	Lasagna 3.00 Garlic Toast .50 Vegetable Lasagna 3.00 Carrots 1.00 Chicken Strips 3.00 French Fries 1.25	Chicken Kiev 3.00 Mediterranean Cod 3.00 Healthy Baked Fries 1.25 Roasted California Vegetables 1.25 Breaded Chicken Sandwich 2.50 Wisconsin Cheese soup 2.00	Chicken ala King over biscuit or potatoes 3.00 Seasoned Chicken 3.00 Roasted Garlic Parmesan Potatoes 1.25 Peas and Carrots 1.00 Sloppy Joe 2.30 Waffle Fries 1.25	Chili 2.25 Grilled Cheese 2.25 Salad bar Salad Bar	BBQ Ribs 3.00 Augratin Potatoes 1.25 Green beans 1.00 Salad Bar

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*Menu items listed in green are the Healthy Choice item for the



	MONDAY January 28	TUESDAY January 29	WEDNESDAY January 30	THURSDAY January 31	FRIDAY February 1	SATURDAY February 2	SUNDAY February 3
BREAKFAST	Scrambled Eggs 1.25 Sausage Links 1.25 Tri Taters 1.25 Long John .85 Oatmeal & Yogurt Bar	Breakfast Burrito 2.25 Peaches and Cream bread pudding 1.25 Oatmeal & Yogurt Bar	Omelets 2.75 Muffin .85 Yogurt Bar	Scrambled Eggs and cheese 1.50 Bacon 1.25 Tater Coins 1.25 Toast .50 Scone 1.50 Oatmeal & Yogurt Bar	Biscuits and Gravy 2.50 Chocolate Donut .85 Smoothies 1.25	Cook's Choice	Cook's Choice
	LUNCH	Jalapeno chicken 3.00 Herb Crusted Pollock 3.00 Roasted Garlic Parmesan Potatoes 1.25 Carrots 1.00 French Dip 3.50 White Chili 2.25	Beef Empanadas 3.00 Refried beans 1.00 Chicken Breast 3.00 Spanish Rice 1.25 Mexi Corn 1.00 BBQ Pork Sandwich 2.50 Potato Soup 2.25	Baked Potato Bar Cod 3.00 Baked Potato 1.25 Broccoli 1.00 Hot Dog 2.00 Chili Dog 2.25 Chili 2.25	Tater Tot Casserole 3.00 Vegetable Wrap 3.00 Corn 1.00 Signature Sandwich Bar w/chips 4.25 Chicken Taco Soup 2.25	Jumbo Cheese stuffed shells in Alfredo Sauce 3.00 Garlic toast .50 Seasoned Chicken 3.00 Healthy Baked Fries 1.25 Roasted California Vegetables 1.25 Monte Cristo Sandwich 3.50 French Fries 1.25	Country Fried Steak 3.00 Mashed Potatoes and gravy 1.25 Peas and Carrots 1.00 Salad Bar
*Menu items listed in green are the Healthy Choice item for the day!							

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